



2007-08 RI Theme

## Birthdays & Wedding Anniversaries

### Birthdays

-Rtn Mike Gabel (10<sup>th</sup>)  
-Rtn Jerry Clark (12<sup>th</sup>)

### Spouse's Birthdays

-Tom Horvath 10<sup>th</sup>  
(President Helene)  
-Tammy 14<sup>th</sup> (Rtn Steve Steinle)

### Anniversaries

Rotary Club of Fremont, Ohio, USA \* Chartered April 28, 1926 \* Club No. 2332 \* District 6600

## OCTOBER IS R.I. DESIGNATED "VOCATIONAL SERVICE MONTH"

*A time when clubs highlight  
the importance of business and professional life of each Rotarian  
and emphasize the Rotary practice of high ethical standards*

## PROGRAM FOR TODAY

**Speaker: Harold Brown**

**Topic: "TUSKEEGEE  
AIRMAN From WWII"**

***Rtn-in-charge: PP Al Gorman***

## Program for October 15, 2007

Speaker– Judge Brad Culbert

Topic– "General Issues of Unruly  
& Delinquent Child Behavior"

*Rtn-in-charge–PP Del Schulz*

## PROCEEDINGS ON MONDAY–October 01, 2007

### VISITING ROTARIANS

<u>NAME</u>	<u>CLUB</u>
Rtn Elaine Blackmore	Sandusky

### CLUB GUESTS

<u>NAME</u>	<u>Guest of</u>
Ms. Angie Morelock	Rtn Holly Stacy
PP Brian Koenig	PP Lee Koenig
Mr. Tom Kern	PP Bill Goad
Ms. Leslie Bixler - The News Messenger	

### From Camp Fire:

Ms. Pam Babione	Guest Speaker
Ms. Natalie Stite	Staff
Ms. Cheryl Reufro	Staff
Ms. Deb Fahle	Staff
Ms. Debbie Steinberger	Staff

Ms. Julie Berger	Board Member
Mr. Phil Lamb	Board Member
Ms. Tammy Steinle	Board Member
Mr. Marc Glotzbecker	Board Member
Ms. Jo Weyer	Board Member

### CLUB PROCEEDINGS

President Helene called the meeting to order at 12:00 pm. She led members in the Rotary Prayer and followed with the Pledge of Allegiance.

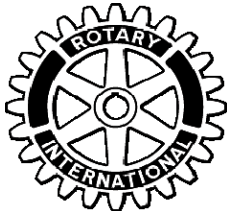
Sgt-at-arms (SAA) Rtn Jim Yeager welcomed all Guests.

**HAPPY BUCKS** session did not take place.

## PRESIDENT'S ANNOUNCEMENTS

President Helene made the following announcements:

- 1) STRIVE Kick Off reported by Rtn Julie Kreilick. Members are reminded to attend the kick off on Oct 4, Thu @ Library Ross High, at 11:30 am.
- 2) Thanked Camp Fire for hosting the Club today.



Rotary Club of Fremont,  
Ohio, USA  
\* District 6600 \*



***Forthcoming Events...***

**OCTOBER 12<sup>TH</sup>**

**S.T.R.I.V.E. Monthly Meeting for October at Fremont Ross High School's Library, at 11:30 am to 12:30 pm**

**THIS PAST WEEK ...**

**Rotarian Davis "Dave" Sunderland Celebrates his 89th Birthday and 51 years of service**

The Fremont Rotary club is excited to honor Rotarian Davis Sunderland as he celebrates his 89th birthday on Sep 28, 2007 and 51 years of service in the club.

Dave was born in 1918 in Missouri. He graduated from the University of Missouri and served 3 & half proud years in the US Air Force. In 1954, after living in Colorado, Dave and his wife, Alice, moved their family to Fremont, where he worked for the Great Western Sugar Company/Great Lake Sugar.

Sponsored by Past President Col. Henry M. Smith, Dave became a member of Fremont Rotary Club in 1956. Beginning what would turn out to be a long and committed relationship, he was honored at the club's weekly luncheon meeting for 51 years of service.

He became very active in the club by serving in all positions of the club, with the exception of club president. When unable to attend meetings, which were held at the Fremont Hotel, before being moved to the Fremont Country Club, Dave enjoyed making up meetings throughout Northwest Ohio, Denver, CO

and was also a frequent visitor at the Lethbridge Rotary Club in Canada.

As Dave recalled, one of the most memorable moments in his Rotary service, along with fellow members, Lee MacDowell, who owned Fremont Glass Co., and Lou Danziner, who managed Joseph's Department Store, was working 11 years to make the floodwall project a reality. The project consisted of 18,300 feet of levies and 3,500 feet of floodwalls, which began in August 1970, shortly after the '69 flood that overwhelmed the city.

The Fremont Rotary club is proud to celebrate with Dave and wishes him many more years to come!



**FOUR-WAY TEST**

**Of the things we think, say or do:**

**Is it the TRUTH?**

**Is it FAIR to all concerned?**

**Will it build GOODWILL and BETTER FRIENDSHIPS?**

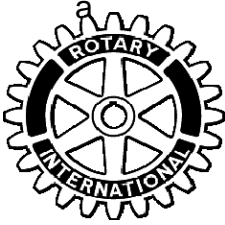
**Will it be BENEFICIAL to all concerned?**

**Lottery Winner**

Payout was \$?? (unknown to Editor due to hearing problem)  
Winner – Rtn John Lauer  
Good news – The Queen of Spades lives; it's worth \$?? (again unknown)!

**Secret Hand Shaker**

PP Ken Berlekamp was the Secret Hand Shaker at this meeting.  
He picked our former member, PP Brian Koenig.



Rotary Club of Fremont,  
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*We're on the Web!*

*Visit us at:*

[www.fremontrotaryclub.org](http://www.fremontrotaryclub.org)

**Feedback E-Mail:**  
[fooster@woh.rr.com](mailto:fooster@woh.rr.com)  
Rtn Angelica Rinehart

### **Fremont Rotary** **PRAYER**

*(written by*  
*William B. Gavitt)*

**Almighty Father,  
whose bounteous love  
has brought us to this  
time and place,  
Grant that we may  
serve Thee by service  
to others,  
Bless this food,  
our club and our  
program to this end  
Amen**

### **PLEDGE OF** **ALLEGIANCE**

**I pledge allegiance to  
the Flag of the United  
States of America  
and to the Republic  
for which it stands  
one Nation under  
God, indivisible  
with Liberty and  
Justice for all**

## PROGRAM OF THE DAY

Speaker – IPP Kay Reiter, Ms. Pam Babione, President Helene  
Topic – “Camp Fire & Misty Meadows”

President Helene began the program by giving the historical ties between the Club and Misty Meadows. She invited IPP Kay Reiter, also the Board President of Camp Fire USA Buckeye Council to assist in the presentation.

IPP Kay gave a quick summary about how she got involved in Camp Fire. She highlighted that the Board is currently working on a 5-year strategic plan which will be completed and published by Jan 2008.

The 3<sup>rd</sup> presenter was Ms Pamela Babione, the Executive Director of Camp Fire USA Buckeye Council.

Camp Fire was founded in 1910 by Luther Gulick, M.D., and his wife, Charlotte Gulick, as the first nonsectarian organization for girls in the United States. Dr. Gulick chose the name "Camp Fire" because campfires were the origin of the first communities and domestic life. Once people learned to make and control fire, they could develop and nurture a sense of community. Camp Fire is headquartered in Kansas City, Mo.

In 1975, membership was expanded to include boys. Today, participation among boys has reached 46 percent in Camp Fire USA, or almost 345,000. □ □

Camp Fire USA provides services for children and youth from age six weeks to 21. However, the majority of the boys and girls who participate in Camp Fire programs are between five and 18 years old.

Camp Fire USA currently serves nearly 750,000 children and youth annually. Their mission is “Camp Fire USA builds caring, confident youth and future leaders.” □

Camp Fire USA isn't in all 50 states yet, so not everyone has heard of us. In Camp Fire USA, every child is encouraged to discover his or her talents and abilities in a safe and secure environment. It's important that kids satisfy their need to belong. □ □

Members wear uniforms to create a sense of belonging, and children love to feel a part of

something important. A unified Camp Fire “look,” which is the same across the country, visually promotes the entire Camp Fire program to the public. □ □

Camp Fire USA Buckeye Council (formed in 1919) set up home at the 46 acres of Misty Meadows in 1976. Currently Sandusky County is serving over 2,000 participants.

Unfortunately due to the rain, the tour for Misty Meadows was cancelled.

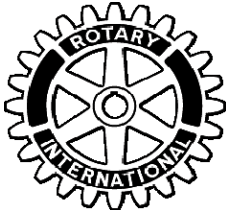
President Helene took over the podium and continued to address that the Club, in 2007-08, will direct part of its efforts and energy partnering with other service groups, schools and agencies to bring about an extreme makeover for Misty Meadows with the goal of reuniting our youth with nature. Our children are the first generation to be raised without meaningful contact with nature. Our vision is to establish a Traditional Residential Camp, Family Enrichment Programs, Teen Leadership Programs, Grief Camp and Environmental Education.

After the presentation, everyone agreed that Camp Fire/Misty Meadows was a very much needed and important project. President Helene then showed a DVD of Springhill Camp in Michigan where her daughter attends to demonstrate what the possibilities are for Camp Fire/Misty Meadows.

For more info about Camp Fire/Misty Meadows, please visit <http://www.fremontrotaryclub.org/Campfire/default.asp> and <http://www.campfire.org/start.asp>

President Helene thanked Ms. Pam Babione and her staff at Camp Fire for the warm hospitality.

In 1910, the organization was founded as “Camp Fire Girls.” With the inclusion of boys, the name changed to “Camp Fire” in 1975 and then “Camp Fire, Inc.” in 1984. In the late '80s, we became “Camp Fire Boys and Girls” to signify that the organization is co-ed, serving both boys and girls. Finally it became Camp Fire USA in August 2001.



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## District 6600 Conference 2008 – April 25-27, 2008

Join the family of Rotary District 6600 at the Kalahari Waterpark and Conference Center. We will have access to the water park included in the room rate.

Let the kid in you shine through at Kalahari. Bring your children and grandchildren to enjoy the area's premier waterpark and the safari experience. All the waterpark passes you need will be included in the package price. Consider an extra room, our special rates are deeply discounted.

There will be good speakers, as always. Don't miss out on the safari of a lifetime. Come and join your fellow Rotary District 6600 friends as Rotary Shares friendship and love.

To ensure that you receive the special reduced rate, all room registrations will be made through the District 6600. Please do not call Kalahari Resort directly for room reservations. Register Online, click here <http://rotarydistrict6600.org/districtconference/>

As in past years, the detailed conference agenda won't be finalized and published until shortly before the conference to allow for any late changes.

The conference agenda is fairly consistent from year to year: on site check in starts at 3:00PM on Friday; fellowship, followed by dinner/programs/speakers starting around 5:00PM on both Friday & Saturday; Saturday AM is devoted to Rotary sessions and PM is devoted to social events; Sunday always includes a necrology service starting at 8:00AM followed by brunch with adjournment around noon.

### *We Care About Your Health: How to Boost Your Brainpower*

Do you sometimes feel as if your brain is running on empty? Here's how to keep it in shape so you can pump up your problem-solving abilities, fight forgetfulness and think more clearly and creatively:

#### **Practice mentally.**

Studies of athletes indicate that imagining a tennis serve or ski run between competitions can boost performance. **Possible reason:** Mental rehearsals may build mental "muscle" by sparking the brain connections needed during the real thing.

#### **Focus your attention.**

**To help remember "where":** If you tend to misplace your car keys, for example, say to yourself, "I'm placing the keys on the shelf by the hallway mirror." **To help remember "when":** Note the weather, the day's headline news or what you're wearing at the time of performing a task.

#### **Use it or lose it.**

Research suggests that as you age, you can reverse a decline in thinking abilities by becoming more mentally active. **Smart moves:** Learn a new language, study a new subject, play games like checkers, and do crosswords and other puzzles.

#### **Keep fit.**

Evidence shows that people in their 70s and 80s who stay healthy can expand their brainpower – and easily match the mental abilities of a 30-year-old. **Helpful:** Keep physically active, manage stress and maintain a positive attitude.

**More mental muscle builders:** Read more; eat more fruits and vegetables; use rhymes and acronyms to help remember facts and names.