



2007-08 RI Theme

## Birthdays & Wedding Anniversaries

### Birthdays

- Rtn Uwe Eichert (30<sup>st</sup>)
- Rtn Daryl Sherman (31<sup>st</sup>)
- Rtn Bob Littellmann (Aug 1<sup>st</sup>)

### Spouse's Birthdays

- Beverly 3<sup>rd</sup> (Rtn Del Schulz)
- Ted 5<sup>th</sup> (Rtn Julie Kreilick)

### Anniversaries

- PP Del & Beverly Schulz (1<sup>st</sup>)
- PP Denny & Sue Newman (4<sup>th</sup>)
- Rtn Mary Anne & Rtn Tom Culbertson (5<sup>th</sup>)

Rotary Club of Fremont, Ohio, USA \* Chartered April 28, 1926 \* Club No. 2332 \* District 6600

## JULY NEW ROTARY OFFICERS BEGIN THEIR YEAR OF SERVICE

### PROGRAM FOR TODAY

**Speaker:** Rtn Tom Culbertson

**Topic:** "Hayes Presidential Center"

*Rtn-in-charge: Rtn Bob Moyer*

### Program for Aug 06, 2007

Speaker– President Helene Horvath Zielinski

Topic– "CLUB ASSEMBLY"

*Rtn-in-charge– President Helene*

## PROCEEDINGS ON MONDAY – July 23, 2007

### VISITING ROTARIANS - nil

### CLUB GUESTS

<u>NAME</u>	<u>Guest of</u>
Mrs. Barb Mason	-Guest Speaker
Dr. Jeff Morrison	-Rtn MJ Michael
Mrs. Kat Morrison	-Rtn MJ Michael

### CLUB PROCEEDINGS

In the absence of President Helene, President Elect (PE) Rob Lytle called the meeting to order at 12:15 pm. He led members in the Rotary Prayer and followed with the Pledge of Allegiance.

Sgt-at-arms Rtn Jim Yeager welcomed all Visiting Rotarian and Guests.

### HAPPY BUCKS

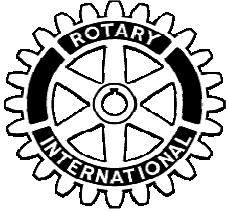
Rtn Willson Baker led members singing Happy Birthday to PP Lee Koenig & Rtn Dick Binau.

Sgt-at-arms Rtn Jim Yeager collected money from the following members: PP Lee Koenig & Rtn Dick Binau for a happy birthday;

PP Ken Berlekamp & Rtn Marc Schulz for leaving the meeting early; Rtn Marsha Bordner for a successful gathering of federal, state and local legislators at Terra Community College this morning; PP Ken Berlekamp for congratulating Terra being a sponsor of MPR (Minnesota Public Radio); Rtn Steve Gruner for his recent trip to San Antonio where it rained the entire 5 days of his trip too.

**On behalf of Rtn Elaine Blackmore of Sandusky Rotary Club, PP Lee Koenig & PP Tom Hoffman announced the invitation to Kasper Boat House at Put-in-Bay on Aug 2, 2007. Cost is \$40 per person; Deadline is Jul 23 and they need 25 participants, Rotarians and guests are welcome. Sign up sheet being passed around.**

**Interested please call Elaine at 419-355-2173.**



Rotary Club of Fremont,  
Ohio, USA  
\* District 6600 \*

*We're on the Web!*

*Visit us at:*

[www.fremontrotaryclub.org](http://www.fremontrotaryclub.org)

**Feedback E-Mail:**  
[fooster@woh.rr.com](mailto:fooster@woh.rr.com)  
Rtn Angelica Rinehart

**Fremont Rotary**  
**PRAYER**

*(written by William B. Gavitt)*

**Almighty Father,  
whose bounteous love  
has brought us to this  
time and place,**

**Grant that we may  
serve Thee by service to  
others,**

**Bless this food,  
our club and our  
program to this end**

**Amen**

**PLEDGE OF**  
**ALLEGIANCE**

**I pledge allegiance to  
the Flag of the United  
States of America  
and to the Republic for  
which it stands  
one Nation under God,  
indivisible  
with Liberty and  
Justice for all**

**PRESIDENT'S ANNOUNCEMENTS**

There was no announcement at this week's meeting.

**PROGRAM OF THE DAY**

Speaker – Ms. Barb Mason  
Topic – “Handling Aging Parents”

PE Rob Lytle invited Rtn MJ Michael to introduce the guest speaker, Ms. Barb Mason, Director of Community Relations from Elmwood Assisted Living of Fremont.

Ms. Mason was formally trained in Human & Social Service, has 20 years experience in generic Alzheimer & Dementia Care, and 12 years experience in Assisted Living Facilities.

The speaker gave a practical look at Alzheimer's through the eyes of family, friends and the caretaker.

More than 5 million Americans now have Alzheimer's. As the disease progresses, it get worse over time. It is the most common form of dementia and has no current cure.

- "Dementia" simply means the symptom of a deterioration of intellectual abilities resulting from an unspecified disease or disorder of the brain. □□
- "Alzheimer's Disease" is one disease/disorder that causes dementia. Many other illnesses or "syndromes" can also cause dementia.

While some of us experience mild memory loss with aging, people with Alzheimer's have a more noticeable and rapid decline in memory and other cognitive skills.

As the early Alzheimer's memory lapses become more serious, other cognitive deficits and behavior problems develop:

- General confusion, disorientation to date, time or place
- Apathy, irritability, depression, anxiety
- Problems with language, math,

abstract thinking, and judgment

- Personality changes with strange quirks or inappropriate behaviors
- Wandering, hiding objects, problems with eating and sleeping
- Late in the disease, paranoia and delusions may occur
- Toward the end, total loss of self, and inability to control bodily functions

The end result of Alzheimer's is death, whether caused by the inability of the brain to keep the body going, or by another disease or injury along the way.

The important caregiving domains to learn about are:

- Long-range planning for legal and financial matters
- Planning for patient care and end of life issues
- Communication with the patient
- Medical management of symptoms
- Maintaining the patient's sense of well-being: safety, socializing, and fun
- Helping with the activities of daily living, such as bathing and toileting
- Managing troublesome behaviors such as wandering or aggressiveness

For more info, please visit HELPGUIDE.org (A project of the Rotary Club of Santa Monica and Center for Healthy Aging)

[http://www.helpguide.org/elder/alzheimers\\_disease\\_symptoms\\_stages.htm](http://www.helpguide.org/elder/alzheimers_disease_symptoms_stages.htm)

Elmwood Assisted Living of Fremont  
<http://www.elmwoodassistedliving.com/fremont.htm>

PE Rob Lytle thanked the Speaker with a gift as a token of appreciation.

**Lottery Winner**

Payout was \$11  
Winner – PP Dave Peterson  
Good news – The Queen of Spades lives; it's worth \$219 now!

**Secret Hand Shaker**

There was no secret hand shaker at this lunch meeting.